

Organize Your Home - Senior Edition



Toss Five

Take a look in your fridge and cabinets and throw out five items that are expired, nearly empty or you never use. Also look to discard items that go against your dietary goals



Group According To You

Categorize your daily use items according to your schedule and how you live. Organize towards the themes of your life so you can flow effortlessly through your home routines



Everything Has a Home

Create a permanent home for the items you have deemed worthy of coveted space in your life. This way, you'll always know exactly where everything is and be able to better function in your home



Display What You Love

Not every item in your home needs to be functional. Bring artwork or a treasured memento into your space to draw out feelings of well being and calm



Clear Your Front Hall

Release the stress of the day and enter into a calm space by creating a welcoming front hall. Give yourself the gift of entering your home without the strain of excess items to overwhelm



Love Your Living Areas

Just as a frying pan doesn't belong in the bathroom, bills and work don't belong in areas designated for relaxing. Give yourself a break by keeping only recreational items in living areas



Simplify Your Kitchen

Create stations in your kitchen to ease its functionality such as a coffee or breakfast station. This cuts down on digging through multiple cabinets for items better suited grouped together



Create a Bedroom Sanctuary

By keeping only what you truly need and use in your bedroom, it'll evoke a sense of calm that will aid in rest & relaxation

Book Now

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at maevesmethod.com/seniorliving

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home at last.